



The mission of the National Bone Marrow Transplant Link is to help patients, caregivers, and families cope with the social and emotional challenges of bone marrow/stem cell transplant from diagnosis through survivorship by providing vital information and personalized support services.

Visit us online at www.nbmtlink.org
or call 1-800-LINK-BMT.



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Linking & Caring

from Diagnosis through Survivorship

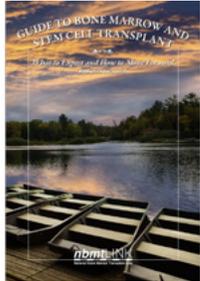
- Lunch & Learn Monthly Free Call In Program
- Marrow Masters Podcast Seasons
- Annual Webinars Regarding cGVHD, CAR T-Cell Therapy and Survivorship
- Interactive Zoom Coffee Klatches for Patients and Caregivers
- Information & Referrals Provided by our Licensed Staff Social Worker
- Celebrating Second Birthdays
- Peer Support Mentoring Program
- Award Winning Publications and The New Normal documentary



Linking & Caring

from Diagnosis through Survivorship

The National Bone Marrow Transplant Link (nbmtLINK) has been linking and caring since 1992, providing a number of services and resources designed to meet the needs of patients, survivors, caregivers and health professionals around the country. To order copies of any of the resources listed below, visit www.nbmtlink.org or call **1-800-546-5268**.



Guide to Bone Marrow and Stem Cell Transplant: What to Expect and How to Move Forward

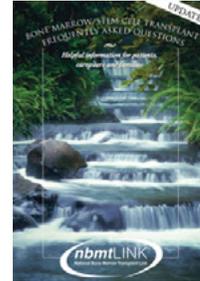
(English or Spanish available)

This guide, written by Keren Stronach, MPH, focuses on before, during and immediately after transplant with sentiments from patients.



UPDATED: Graft Versus Host Disease: Living with the After Effects of Bone Marrow/Stem Cell Transplant

A much-needed resource for bone marrow/stem cell transplant patients, caregivers and families faced with the long and arduous journey with GVHD.



UPDATED: Bone Marrow/Stem Cell Transplant: Frequently Asked Questions

Flippable: English and Spanish

This booklet discusses the answers to 20 pertinent questions patients and families have when considering transplant as a treatment option; includes a comprehensive resource listing.



UPDATED: Survivorship: Bone Marrow/Stem Cell Transplant, Coping with Late Effects

Keren Stronach, a survivor of two bone marrow transplants, has written a

reassuring, knowledgeable, and practical guidebook for survivors living with late effects.



UPDATED: Caregivers' Guide for Bone Marrow/Stem Cell Transplant, Practical Perspectives

This book offers

practical suggestions for getting through the difficult days from caregivers who have been there.



The New Normal: Life After Bone Marrow Stem Cell Transplant - DVD

The New Normal is an EMMY Award-winning video featuring the stories of six transplant survivors and their caregivers.

* Also available on [YouTube](https://www.youtube.com/watch?v=...)

Our free programs strive to meet patients and loved ones across the globe where they are and when they need support.

Lunch & Learn Programs: These monthly, toll-free calls featuring a health care professional and a patient or caregiver voice cover bone marrow/stem cell transplant, CAR T-cell therapy, caregiving and survivorship. We also feature past recorded programs on our website, under the Lunch & Learn tab.

Marrow Masters Podcasts: Our podcasts cover cGVHD, survivorship, novel treatments and more. Visit <https://marrowmasters.simplecast.com> to listen in or visit our website or YouTube page.

Webinars: We host annual fall webinars addressing all things transplant and they are recorded and available on our site.

Coffee Klatch: Facilitated by Jen Gillette, LMSW, these 75-minute ZOOM based interactive gatherings enable patients and caregivers to meet up, learn from each other and lift each other up.

Peer Support: Patients, caregivers and survivors can connect with trained peer support volunteers who understand their feelings and can offer support and comradery.

Celebrating Second Birthdays: This program acknowledges and honors transplant survivors with a specially designed 2nd birthday postcard sent during the month of their transplant.

To learn more about any of the above mentioned programs, visit www.nbmtlink.org or email info@nbmtlink.org.